



MEMBERSHIP FORM (April 2026-March 2027)

WE ASK YOU TO FILL IN ALL THE DETAILS BELOW FOR SAFETY AND INSURANCE PURPOSES. YOUR INFORMATION WILL BE KEPT CONFIDENTIAL AND ONLY SHARED WITH YOUR PERMISSION.



Annual fee £100

Name	
Address	
Date of Birth	
Telephone Nr.	
Mobile Nr.	
E-Mail Address	
Emergency Contact Details	Name: Address: Contact Number: Relationship to you:

	Please read the Safety Declaration below and tick the end column to confirm you agree: (*The information below will be retained by ARC for 6 years after the expiry of your membership).	
1	I confirm that I have read and understood the Aberdyfi Rowing Club (ARC) Handbook, the ARC Safeguarding Process the ARC Code of Conduct and I agree to abide by them. I confirm I have also read and understood the ARC Privacy Notice.	
2	I confirm that I do not have any disability, medical conditions or any other conditions that prevent me from rowing safely. (If you are not able to confirm this, or you are unsure how to answer, please speak to your Doctor and ARC's Welfare Officer BEFORE completing this declaration).	
3	I confirm that I take part in all ARC activities at my own risk.	
4	I confirm that I will share any pertinent emergency medical information with my crew members before rowing.	
5	I confirm I am either a proficient swimmer or if I am not a proficient swimmer, I will wear a lifejacket at all times whilst on the water.	
6	I confirm that ARC has my permission to add my email address to the ARC mailing list.	

➤ **Please note: If you are unable to complete this form for any reason, you will not be able to row; however we will be delighted to work with you to try and organise an appropriate rowing session.**

In addition:

- ARC has my permission to add my mobile number to the following WhatsApp groups (please tick):
ARC WhatsApp ☐ ARC Sculling WhatsApp ☐ ARC Social WhatsApp ☐
- I give permission for ARC to use photographs / videos of me for ARC training or promotional purposes or for inclusion on the club's website and social media. Yes ☐ No ☐

Name: _____ Signature: _____ Date: _____

Payment BACS details: PLEASE ENSURE YOU INCLUDE YOUR NAME AS REFERENCE
ACCOUNT No: 63197875 SORT CODE: 20-35-47

Alternatively:

- Pay by cheque in the Boatshed jar made payable to: '**ABERDYFI ROWING CLUB**' or pay by cash in the jar in the Boatshed and contact Lindsay on **info@woodlandsholidaypark.co.uk** or TEXT **07968917785**.